

Summary of Lothian Joint Formulary Amendments

The purpose of this summary is to detail the main changes to the LJF sections and provide additional information on the reasons for some of the changes. The month indicates when Formulary Committee approved the changes. The website chapters should be referred to for full details. All of the amendments detailed appear on the new website platform which can be found here: formulary.nhs.scot/east/.

See the 'History Notes' for a brief description of the change and the date of the change, as in the example below.

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Treatment of pain in palliative care

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Prescribing Notes:

- The [National Palliative Care Guidelines](#) have been developed by a multidisciplinary group of professionals working in the community, hospital and specialist palliative care services throughout Scotland and are used in all Scottish Health Boards.
- The guidelines reflect a consensus of opinion about good practice in the management of adult patients with a life limiting illness.
- Guidelines on individual symptoms are available. Each page has some introductory information, links to related guidelines and web resources. The individual guidelines are in PDF format and can be downloaded or printed off.

History Notes

20/10/2020

Content migrated from LJF website.

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Note that the formulary recommendations on the new website platform for the East Region Formulary are currently Lothian recommendations only.

June 2021

[Home](#) > [Therapeutic Areas](#) > [Cardiovascular system](#) > [Cardiovascular conditions](#) > [Heart Failure](#) > **adult under specialist advice**

- Dapagliflozin is included in the LJF as add-on therapy for initiation under specialist advice for the management of symptomatic heart failure with reduced ejection fraction. The prescribing notes have been updated with additional guidance from the Lothian cardiovascular working group.
- Hydralazine has also moved from position 2 to 5 in this pathway (see SIGN 147 guidance – flowchart on p.25) with the corresponding prescribing notes also moved to the end of the section.

[Home](#) > [Therapeutic Areas](#) > [Endocrine system](#) > [Diabetes Mellitus](#) > [Diabetes Mellitus – type 1](#) > **adult fixed mixture insulin**

- Insuman Comb 25 100 units/ml suspension for injection 5ml vials have been discontinued and have therefore been deleted.

Home > Therapeutic Areas > Infections > Eye > child treatment of neonatal Chlamydia conjunctivitis

- Additional prescribing notes added in consultation with local specialists in relation to erythromycin MHRA drug safety update on known risk of infantile hypertrophic pyloric stenosis published Dec 2020.
- Prescribing notes on chloramphenicol ointment have been updated.

Home > Therapeutic Areas > Infections > Eye > adult and child treatment of corneal abrasions

- Recommendations on the management of corneal abrasions have been updated following review by local specialists. Key updates include guidance on management by community optometrists, when to refer to hospital and prevention of recurrent erosion syndrome.
- Prescribing notes on chloramphenicol ointment have been updated for children.

Home > Therapeutic Areas > Infections > Gastro-intestinal > adult treatment of giardiasis

- Tinidazole tablets have been discontinued and have therefore been deleted from the formulary. Metronidazole is now added as first choice for the treatment of giardiasis.

Home > Therapeutic Areas > Gastro-intestinal system > Inflammatory bowel disorders > child treatment of Crohn's disease

- Humira 80mg/0.8ml solution for injection pre-filled syringes have been discontinued and have therefore been deleted.

Home > Therapeutic Areas > Musculoskeletal and joint diseases > Musculoskeletal and joint diseases > Rheumatoid Arthritis > adult treatment of Rheumatoid Arthritis with DMARDs

- Leflunomide 100mg tablets have been discontinued and therefore have been deleted.

Home > Therapeutic Areas > Musculoskeletal and joint diseases > Musculoskeletal and joint diseases > Rheumatoid Arthritis > adult treatment of Rheumatoid Arthritis with local corticosteroids

- Adcortyl intra-articular injection / Intradermal 10mg/ml suspension for injection ampoules have been discontinued and therefore have been deleted. The Adcortyl intra-articular injection / Intradermal 50mg/5ml suspension for injection ampoules are now the only product available and are now added as a replacement product.

Home > Therapeutic Areas > Nutrition and blood > Nutrition > Coeliac disease > adult (also child recommendations) gluten free pasta

- Barkat gluten free pasta animal shapes have been discontinued and are therefore deleted from the pathway.

Home > Therapeutic Areas > Obstetrics, gynaecology and urinary tract disorders > Gynaecology > Galactorrhoea > adult management of galactorrhoea

- Bromocriptine 1mg tablets have been discontinued and are therefore deleted from the pathway with the dosing amended to reflect the available tablet strengths.

Home > Therapeutic Areas > Obstetrics, gynaecology and urinary tract disorders > Gynaecology > Menorrhagia > adult treatment of menorrhagia

- A prescribing note is added to remind prescribers that both combined hormonal contraception and tranexamic acid have effects on clotting, therefore prescribers should be aware that the effects of combining these medications on clotting are unknown.

Home > Therapeutic Areas > Skin > Psoriasis > adult treatment with topical preparations and child treatment with topical preparations - step 2

- Dithranol 2% cream has been discontinued; other strengths are going to be discontinued. Dermatology have confirmed that they are not using these preparations. Therefore, dithranol products are deleted from the pathways.

Home > Therapeutic Areas > Skin > Skin conditions > Skin cleansing > adult and child topical disinfectants

- Chlorhexidine gluconate 0.02% solution has been discontinued and are therefore deleted from the pathway.

Home > Therapeutic Areas > Cardiovascular system > Cardiovascular conditions > Angina > adult symptomatic relief of angina symptoms

- Glyceryl trinitrate dosage instructions have been amended in response to a clinician query to be clearer for each respective product.

Home > Therapeutic Areas > Infections > Wound and skin > Fungal skin infections > adult treatment of candida infection

- Prescribing note added to the candida infection pathway to cover guidance on the use of miconazole 2% cream for the treatment of breast and nipple thrush in lactating women as well as a note on treating mothers and infants simultaneously.

Additional list (see Formulary Decisions)

For details of the Formulary Committee decisions from the meeting on the 23 June refer to the [minutes](#) or alternatively search here

<https://formulary.nhs.scot/east/formulary-decisions/> with the start date 23 June 2021. See example below:

[Home](#) > [Formulary Decisions](#)

Formulary Decisions

Search for the outcome of decisions made by the Formulary Committee

Generic medicine name	Medicine brand name	Therapeutic area
		Please select...
Start date	End date	Source
Wednesday December 16, 2020		Please select...

2020

December

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