



East Region Formulary



Summary of updates to Lothian Joint Formulary (LJF) and East Region Formulary (ERF) website.

The purpose of this summary is to detail the main changes to the ERF/LJF sections. The website chapters should be referred to for full details.

All of the amendments detailed appear on the new website platform which can be found here: formulary.nhs.scot/east/.

Note that the formulary recommendations on the new website platform for the East Region Formulary are currently Lothian recommendations only. For users in Fife go to the [Fife Formulary website](#). For users in Borders go to the [NHS Borders and East Region Formulary website](#).

TIPS: See the 'History Notes' for a brief description of the change and the date of the change, as in the example below.

A Treatment of pain in palliative care

Prescribing Notes:

- The [National Palliative Care Guidelines](#) have been developed by a multidisciplinary group of professionals working in the community, hospital and specialist palliative care services throughout Scotland and are used in all Scottish Health Boards.
- The guidelines reflect a consensus of opinion about good practice in the management of adult patients with a life limiting illness.
- Guidelines on individual symptoms are available. Each page has some introductory information, links to related guidelines and web resources. The individual guidelines are in PDF format and can be downloaded or printed off.

History Notes

20/10/2020	Content migrated from LJF website.
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For details of full chapters completed to date see the May 22 ERF Update [Formulary | Lothian Joint Formulary \(nhs.scot\)](#)

See below for a summary of minor amendments and chapter reviews

Prepared by D Murray October 22 Checked by M Ross October 22

Chapter	Adult or Child	ERF or LJF (until future ERF chapter review)	Group	Condition	New content	Month of ERWG/ ERFC approval of edit
Anaesthesia	Adult	ERF	All groups	All condition subsections	Full ERF review. See condition pathways for details.	Sept 22
CNS	Adult	ERF	Substance dependence	All condition subsections	Full ERF review. See condition pathways for details.	July 22
CNS	Adult	ERF	Depression, anxiety, sleep, psychoses and related disorders	All condition subsections	Full ERF review. See condition pathways for details.	July 22
CNS	Adult	ERF	Nausea and Vertigo	All condition subsections	Full ERF review. See condition pathways for details.	Sept 22
CNS	Adult	ERF	Dementia, Parkinson's disease, multiple sclerosis, neuromuscular.	All condition subsections	Full ERF review. See condition pathways for details.	Sept 22
CNS	Adult	ERF	Poisoning, migraine and epilepsy	All condition subsections	Full ERF review. See condition pathways for details.	Sept 22
CNS	Adult and Child	ERF	ADHD and neurodevelopmental disorders	All condition subsections	Full ERF review. See condition pathways for details.	July 22
CNS	Adult	ERF	Pain conditions	All condition subsections	Full ERF review. See condition pathways for details.	Sept 22
Eye	Adult	ERF	All groups	All condition subsections	Full ERF review. See condition pathways for details.	May 22
Eye	Child	ERF	Eye conditions	Glaucoma	Acetazolamide dosing information updated.	Sept 22
Ear Nose and Oropharynx	Adult	ERF	All groups	All condition subsections	Full ERF review. See condition pathways for details.	May 22
Skin	Adult	ERF	Skin conditions	Warts	Glutaraldehyde 10% solution removed as discontinued.	July 22

Skin	Adult	ERF	Skin conditions	Warts	Verrugon 50% ointment and removed as discontinued.	Sept 22
Skin	Adult	ERF	Skin conditions	Psoriasis	Add bimekizumab SMC2410 ERFC March. Risankizumab 75mg/0.83ml solution for injection pre-filled syringes discontinued.	July 22
Skin	Adult	ERF	Skin conditions	Psoriasis	Add calcipotriol 0.005% and betamethasone dipropionate 0.05% cream ERFC July	Sept 22
Skin	Adult	ERF	Skin conditions	Atopic dermatitis	Add tralokinumab SMC2403 ERFC March	July 22
Skin	Adult	ERF	Skin conditions	Atopic dermatitis	Add Upadacitinib SMC2417 ERFC May Add Abrocitinib SMC2431 ERFC July	Sept 22
Skin	Adult	ERF	Skin conditions	Eczema	Added guidance on safe use of potassium permanganate soaks	Sept 22
Skin	Adult	ERF	Skin conditions	Actinic keratosis	Add Tirbanibulin SMC2395 ERFC May and change to from brand diclofenac sodium 3% gel to generic	July 22
Skin	Adult	ERF	Skin conditions	Sunscreens	Sunsense ACBS product removed as discontinued	Sept 22
Skin	Child	LJF	Skin conditions	Sunscreens	Sunsense ACBS product removed as discontinued	Sept 22
Skin	Adult	ERF	Skin conditions	Rosacea	Update to prescribing notes, it is no longer true that there is no effective treatment for skin redness.	July 2022
Malignant disease and immunosuppression	Adult	LJF	Solid organ transplant	Renal transplant	Myophenolic acid removal of brand name from prescribing notes.	February 22
Gastrointestinal	Adult	ERF	Gastro-oesophageal disorders	Dyspepsia	Updates to prescribing notes and layout of treatment options for H. Pylori associated dyspepsia.	July 22
Gastrointestinal	Child	LJF	Gastro-oesophageal disorders	Dyspepsia	H pylori clarithromycin dose changed as per BNFc	July 22

Gastrointestinal	Adult	ERF	Inflammatory Bowel Disorders	Ulcerative colitis/ Inflammatory bowel disease	Addition of filgotinib SMC2467 ERFC May 22 Addition of budesonide 2mg foam enema. Removal of prednisolone sodium phosphate 5mg suppositories and prednisolone 20mg/100ml rectal solution. Update to formatting and prescribing notes.	July 22
Gastrointestinal	Adult	ERF	Inflammatory Bowel Disorders	Crohn's disease	Change to metoject brand pre-filled pens.	Sept 22
Gastrointestinal	Adult	ERF	Liver disorders	Biliary Cirrhosis	Ursodeoxycholic acid 250mg tablets removed and capsules added. Ursodeoxycholic acid changed to specialist initiation. Colesevelam changed to generic preparation.	Sept 22
Gastrointestinal	Adult	ERF	Liver disorders	Oesophageal varices	Addition of Terlipressin 1mg/8.5ml solution for injection ampoules	July 22
Gastrointestinal	Adult	ERF	Rectal and anal disorders	Anal Fissure	Update to prescribing notes, addition of information on conservative self-help measures and pain relief	Sept 22
Obstetrics, Gynaecology and urinary tract	Adult	ERF	Genitourinary	Urinary incontinence	Treatment of urinary frequency/urgency. Following a temporary discontinuation in supply generic oxybutynin MR tablets added.	July 22
Respiratory	Adult	ERF	Respiratory disorders	COPD	ERFC May add Trimbow nexthaler	Sept 22
Respiratory	Child	ERF	Respiratory disorders	Asthma	ERFC July Beclomethasone MDI preferred brand changed from Clenil to Soprobe. Fluticasone/Salmeterol MDI preferred brand changed from Seretide 50 Evohaler to Combisal 25/50 inhaler	Sept 22
Respiratory	Child	LJF	Respiratory disorders	Cystic fibrosis	Treatment with mucolytics sodium chloride nebuliser solutions rationalised to those in current use.	Sept 22
Infection	Child	LJF	Wound and skin	Impetigo	Add 125mg/5ml oral solution formulation	February 22

Infection	Adult	ERF	Dental	Dental infections	Treatment of dental abscess. Change to antibiotic choice for penicillin allergic patients from doxycycline to metronidazole	July 22
Endocrine	Adult	ERF	Sex hormone disorders	Menopausal symptoms	Addition of utrogestan micronised progesterone. Addition of oestrogen progesterone combination options, and updates to prescribing notes.	July 22

To review Formulary Decisions noted at the East Region Formulary Committee refer to the [Minutes of East Region Formulary Committee](#) or alternatively search [Formulary Decisions](#) with the relevant start date. See example below:

Formulary Decisions

Search for the outcome of decisions made by the Formulary Committee

Generic medicine name

Medicine brand name

Therapeutic area

Please select...



Start date

Wednesday December 16, 2020



End date



Source

Please select...



2020						
December						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		