

East Region Prescribing Bulletin Article Specification

Introduction

The East Region Prescribing Bulletin was established in July 2024. It is published every two months. It aims to:

- Provide prescribers and pharmacists with information on important and topical prescribing related issues.
- Communicate key decisions of the East Region Formulary Committee.
- Inform prescribers about SMC, HIS and NICE decisions.
- Provide information on important drug trials following appraisal of new evidence by the Formulary Committee.

General specifications for submitted articles

- Use Calibri font, size 11.
- Around 400-500 words in length, with an image/illustration and list of references provided.
- Minimal text formatting (this will be done by the editorial team).
- List 'Key Messages' at the end of the article.
- Include the author's title and email address.
- For an example of a 'model' article, see the extract [here](#) from LPB Issue 115 November 2022 on '*Increasing incidence of intentional self-poisoning with propranolol*'.

• **Deadlines for submitting articles are as follows:**

| | | |
|-------------|--------------|------------------------|
| Edition 004 | January 2026 | 14 January 2026 |
| Edition 005 | March 2026 | 11 March 2026 |
| Edition 006 | May 2026 | 13 May 2026 |
| Edition 007 | July 2026 | 08 July 2026 |

General points to consider

- Our target readers are health professionals working in primary and secondary care across NHS Borders, Fife and Lothian, please consider the target readers for your article.
- Relevant introduction to article and summary of key points.
- Clear paragraph headings.
- Implications for the East Region Formulary and clinical practice in Lothian.
- Other resources you may wish to consider are listed overleaf.

Send material to:

ERPB Editorial Team
c/o Medicines Advice and Guidance
Email: eos.prescribing@nhs.scot

Resources

Have you checked the following for further information relating to your article?

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| East Region Formulary formulary.nhs.scot/east | |
| NHS Lothian ADTC documents org.nhslothian.scot/committees/area-drug-and-therapeutics-committee-adtc | |
| NHS Lothian Clinical Guidelines intranet.lothian.scot.nhs.uk/NHSLothian/Healthcare/ClinicalGuidance/Pages/ClinicalGuidance-1.aspx | |
| The Knowledge Network www.knowledge.scot.nhs.uk [Athens password] | |
| BNF and BNF for Children www.bnf.org and/or www.medicinescomplete.com | |
| electronic Medicines Compendium (eMC) www.medicines.org.uk | |
| SIGN Guidelines www.sign.ac.uk | |
| Scottish Government Health & Social Care Publications www.sehd.scot.nhs.uk | |
| MHRA Drug Safety updates www.mhra.gov.uk/Publications/Safetyguidance/DrugSafetyUpdate/index | |
| electronic Medicines Compendium [Summary of Product Characteristics and Patient Information Leaflets] www.medicines.org.uk | |
| Yellow Card Centre Scotland www.yccscotland.scot.nhs.uk | |
| Drug Tariff Scotland publichealthscotland.scot/resources-and-tools/medical-practice-and-pharmaceuticals/scottish-drug-tariff/ | |
| Drug Tariff England & Wales www.nhsbsa.nhs.uk/pharmacies-gp-practices-and-appliance-contractors/drug-tariff | |
| Medicines and prescribing support from NICE www.nice.org.uk/mpc | |
| NHS Scotland Community Pharmacy www.communitypharmacy.scot.nhs.uk | |
| NHS Specialist Pharmacy Service www.sps.nhs.uk | |
| Medicines Information Practitioners in Scotland www.asmip.nhs.scot | |