



Summary of updates to East Region Formulary (ERF) website.

The purpose of this summary is to detail the main changes to the ERF. The website chapters should be referred to for full details. All of the amendments detailed appear on the new website platform which can be found here: formulary.nhs.scot/east/.

Note that there are a few remaining paediatric chapters on the new website platform for the East Region Formulary that are old Lothian recommendations awaiting review by representatives from the region.

TIPS: See the 'History Notes' for a brief description of the change and the date of the change, as in the example below.

A Treatment of pain in palliative care ^

Prescribing Notes:

- The [National Palliative Care Guidelines](#) have been developed by a multidisciplinary group of professionals working in the community, hospital and specialist palliative care services throughout Scotland and are used in all Scottish Health Boards.
- The guidelines reflect a consensus of opinion about good practice in the management of adult patients with a life limiting illness.
- Guidelines on individual symptoms are available. Each page has some introductory information, links to related guidelines and web resources. The individual guidelines are in PDF format and can be downloaded or printed off.

History Notes ^

20/10/2020	Content migrated from LJF website.
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Chapter	Adult or Child	ERF or LJF (until future ERF chapter review)	Group	Condition	New content	Month of ERWG/ ERFC
Anaesthesia	Child	ERF	Anaesthesia	Peri-operative analgesia	MHRA DSU opioids post operative pain, child peri-operative analgesia pathways do not reflect current practice agreed to remove	ERWG May 2025
CNS	Adult	ERF	Multiple Sclerosis	Multiple Sclerosis	ERF April 25 addition of Tyruko, natalizumab biosimilar	ERWG May 2025
Endocrine	Adult and Child	ERF	Diabetes	Diabetes Mellitus type 2	Add SIGN 172 link Prevention and remission of type 2 diabetes. Update to links to MHRA DSU for SGLT2 inhibitors, risk of DKA	ERWG May 2025
ENT	Adult	ERF	ENT	Dry Mouth	bioextra discontinued Oralieve moisturising mouth gel added as new alternative first choice.	ERFC May 2025
Eye	Adult	ERF	Eye conditions	Glaucoma	ERF April 25 addition of latanoprost + netarsudil SMC2720 and new latanoprost + timolol PF multidose eye drops	ERWG May 2025
Eye	Adult	ERF	Eye conditions requiring specialist treatment	Age related macular degeneration and diabetic macular oedema	ERF April 25 addition of Faricimab new formulation	ERWG May 2025
GI	Adult and Child	ERF	GI	Biliary Cirrhosis	ERF April addition of new colestyramine formulation (containing sugar)	ERWG May 2025

Infection	Adult	ERF	Wound and skin	Mastitis	ERF April 25 update to prescribing recommendations for mastitis associated with lactation (clarithromycin)	ERWG May 2025
Infection	Child	ERF	Infection	Sinusitis, Community Acquired Pneumonia, Animal and Human bites	Co-amoxiclav 125mg/31mg/5ml oral suspension SF discontinued - change to co-amoxiclav 125mg/31mg/5ml oral suspension	ERWG May 2025
MSK and joint disease	Adult	ERF	Musculoskeletal and joint diseases	Rheumatoid Arthritis	Debranded baricitinb	ERWG May 2025
Nutrition and blood	Adult	ERF	Thrombocytopenic purpura	Treatment of idiopathic thrombocytopenic purpura (ITP)	ERFC October 2024: Avatrombopag: Doptelet (SMC2345) and prescribing information updated	ERWG May 2025
Nutrition and blood	Adult and Child	ERF	Fluid and electrolyte imbalances	Hyperphosphateamia	Phosex discontinued	ERWG May 2025
Obstetrics, gynaecology, and urinary-tract disorders	Adult	ERF	Gynaecology	Vaginal Atrophy	Change to generic estradiol pessary with advice on suitable products for those with dexterity issues	ERWG May 2025
Respiratory	Adult and Child	ERF	Respiratory Disorders	Allergy> Hereditary Angioedema	Pathway updates for hereditary angioedema	ERWG May 2025
Skin	Adult	ERF	Skin Conditions	Eczema	Debranded baricitinib	ERWG May 2025
Obstetrics, gynaecology, and urinary-tract disorders	Adult	ERF	Contraception	Gynaecology	Addition of Jaydess	ERFC May 2025

To review Formulary Decisions noted at the East Region Formulary Committee refer to the [Minutes of East Region Formulary Committee](#) or alternatively search [Formulary Decisions](#) with the relevant start date. See example below:

Lothian Joint Formulary

[Therapeutic Areas](#) [Medicines A-Z](#) [Conditions A-Z](#) [Medicine Categories](#) [Formulary Decisions](#)

[Home](#) > [Formulary Decisions](#)

Formulary Decisions

Search for the outcome of decisions made by the Formulary Committee

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Start date <input type="text" value="Wednesday December 16, 2020"/> <table border="1"><tr><td colspan="7">2020</td></tr><tr><td colspan="7">December</td></tr><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr><tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr><tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr><tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr><tr><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td></tr></table>	2020							December							S	M	T	W	T	F	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			End date <input type="text"/>	Source <input type="text" value="Please select..."/>
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