



Summary of updates to East Region Formulary (ERF) website.

The purpose of this summary is to detail the main changes to the ERF. The website chapters should be referred to for full details. All of the amendments detailed appear on the new website platform which can be found here: formulary.nhs.scot/east/.

Note that there are a few remaining paediatric chapters on the new website platform for the East Region Formulary that are old Lothian recommendations awaiting review by representatives from the region.

TIPS: See the 'History Notes' for a brief description of the change and the date of the change, as in the example below.

A Treatment of pain in palliative care ^

Prescribing Notes:

- The [National Palliative Care Guidelines](#) have been developed by a multidisciplinary group of professionals working in the community, hospital and specialist palliative care services throughout Scotland and are used in all Scottish Health Boards.
- The guidelines reflect a consensus of opinion about good practice in the management of adult patients with a life limiting illness.
- Guidelines on individual symptoms are available. Each page has some introductory information, links to related guidelines and web resources. The individual guidelines are in PDF format and can be downloaded or printed off.

History Notes ^

20/10/2020	Content migrated from LJF website.
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Chapter	Adult or Child	ERF or LJF (until future ERF chapter review)	Group	Condition	New content	Month of ERWG/ERFC
Cardiovascular	Adult and child		Various		Addition of enoxaparin.	Sept 2025
Endocrine	Adult and child		Diabetes Mellitus	Diabetes Mellitus	ERFC July 25 addition of Freestyle libre 3 plus to replace freestyle libre 3, removal of freestyle libre 2 as patients now switched to 2 plus.	Aug 2025
Endocrine	Adult and Child		Sex hormones	Hypogonadism	Remove reference to tostran, supply disruption - shortage resolved.	Oct 2025
Endocrine	Adult and Child		Diabetes Mellitus	Diabetes Mellitus - type 1 and Diabetes Mellitus - type 2	MSAN (2025)37 - Humulin I (insulin isophane human) 100units/ml suspension for injection 10ml vials; Humulin M3 (insulin isophane biphasic human 30/70) 100units/ml suspension for injection 10ml vials; Humalog mix25 (insulin lispro biphasic 25/75) 100units/ml suspension for injection 10ml vials; Humulin S (insulin soluble human) 100units/ml solution for injection 10ml vials.	Aug 2025
GI	Adult and Child		Liver disorders	Biliary cirrhosis new name primary biliary cholangitis; cholestasis	Change to pathway title - biliary cirrhosis renamed primary biliary cholangitis to reflect current nomenclature. Addition of ursodeoxycholic acid 300mg tablets. Addition of elafibranor SMC2714.	Jul 2025
Infections	Pharmacy First		Pharmacy First - Infections	Pharmacy First - Urinary tract infection	Addition of nitrofuratoin immediate release 50mg capsules to Pharmacy First following update of PGD.	Oct 2025

Obstetrics, Gynaecology and Urinary tract disorders	Adult		Genito urinary	Erectile Dysfunction	Product debrand caverject, changed to generic vials, note added on supply disruption affecting Muse.	Aug 2025
Respiratory	Child		Respiratory disorders	General information on inhalers	Minor change to guidance on spacers and reliver inhaler following the introduction of AIR and MART regimes.	Oct 2025
Skin	Adult and Child		Skin conditions	Atopic Dermatitis	ERFC July 25 addition of lebrikizumab SMC2707.	Aug 2025
Skin	Adult		Specialist dermatology management	Hydradenitis Suppurativa	ERFC July 25 addition of bimekizumab SMC2698.	Aug 2025
Various	Adult and Child		Various		Addition of Wezenla PFP.	Sept 2025
Various	Adult and Child		Corticosteroids general use, autoimmune bullous dermatoses, MS, ulcerative colitis/IBD		Solu-medrone powder and solvent for solution for injection vials - being debranded to methyprednisolone sodium succinate.	Aug 2025

To review Formulary Decisions noted at the East Region Formulary Committee refer to the [Minutes of East Region Formulary Committee](#) or alternatively search [Formulary Decisions](#) with the relevant start date. See example below:

The screenshot shows the Lothian Joint Formulary website interface. At the top, there is a dark blue header with the text "Lothian Joint Formulary" on the left, a search bar in the center, and the NHS Scotland logo on the right. Below the header is a navigation menu with links for "Therapeutic Areas", "Medicines A-Z", "Conditions A-Z", "Medicine Categories", and "Formulary Decisions".

The main content area has a breadcrumb trail: "Home > Formulary Decisions". Below this is the heading "Formulary Decisions" and a sub-heading "Search for the outcome of decisions made by the Formulary Committee".

The search filters are arranged in a grid:

- Generic medicine name:** An empty text input field.
- Medicine brand name:** An empty text input field.
- Therapeutic area:** A dropdown menu with "Please select..." and a downward arrow.
- Start date:** A date picker showing "Wednesday December 16, 2020" with a calendar icon. A calendar popup is open, showing the month of December 2020. The date "16" is highlighted in yellow.
- End date:** An empty text input field with a calendar icon.
- Source:** A dropdown menu with "Please select..." and a downward arrow.

At the bottom of the page, there is a dark blue footer containing the "Healthier Scotland" logo (a heart with a white cross), the text "Healthier Scotland Scottish Government", and the "NHS SCOTLAND" logo.

On the left side of the footer, there is a vertical list of links: "Lothian", "Help", "Update", "Privacy and cookies", "Terms and conditions", "Contact us", and "© Copyright".