



Summary of updates to East Region Formulary (ERF) website.

The purpose of this summary is to detail the main changes to the ERF. The website chapters should be referred to for full details. All of the amendments detailed appear on the new website platform which can be found here: formulary.nhs.scot/east/.

Note that there are a few remaining paediatric chapters on the new website platform for the East Region Formulary that are old Lothian recommendations awaiting review by representatives from the region.

TIPS: See the 'History Notes' for a brief description of the change and the date of the change, as in the example below.

A Treatment of pain in palliative care ^

Prescribing Notes:

- The [National Palliative Care Guidelines](#) have been developed by a multidisciplinary group of professionals working in the community, hospital and specialist palliative care services throughout Scotland and are used in all Scottish Health Boards.
- The guidelines reflect a consensus of opinion about good practice in the management of adult patients with a life limiting illness.
- Guidelines on individual symptoms are available. Each page has some introductory information, links to related guidelines and web resources. The individual guidelines are in PDF format and can be downloaded or printed off.

History Notes ^

20/10/2020	Content migrated from LJJ website.
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Chapter	Adult or Child	ERF or LJF (until future ERF chapter review)	Group	Condition	New content	Month of ERWG/ ERFC
CNS	Adult	ERF	Dementia	Alzheimer's, Dementia associated with Parkinson's disease, and Dementia with Lewy bodies	ERWG January 2024 - SIGN168 guideline, hyperlink added to relevant pathways.	ERWG January 2025
Endocrine	Adult	ERF	Diabetes Mellitus	Diabetes Mellitus	MSAN NoVoRapid FlexTouch due to be discontinued March 2025	ERWG January 2025
Eye	Adult	ERF	Eye conditions	Uveitis	New Amgevita formulations	ERWG January 2025
Gastro-intestinal	Adult	ERF	Bowel disorders	Ulcerative colitis / Inflammatory bowel disease	Ustekinumab biosimilar addition, Amgevita product formulation changes, add Etrasimod; and remove Tofacitinib, Golimumab and Ozanimod	ERFC December 2024
Gastro-intestinal	Child	ERF	Bowel disorders	Ulcerative colitis / Inflammatory bowel disease	Amgevita new formulations	ERWG January 2025
Gastro-intestinal	Adult & Child	ERF	Bowel disorders	Crohn's disease	Amgevita new formulations	ERWG January 2025
Infection	Pharmacy First	ERF	Various	Various	Pharmacy first backlog of updates multiple and addition of guidance notes for consideration of <i>c. difficile</i> if acute diarrhoea and a history or recent antibiotic use.	ERFC December 2024

Chapter	Adult or Child	ERF or LJF (until future ERF chapter review)	Group	Condition	New content	Month of ERWG/ ERFC
Musculoskeletal & Joint diseases	Adult & Child	ERF		Axial Spondylarthritis, Psoriatic Arthritis and Rheumatoid Arthritis, and Juvenile Idiopathic Arthritis	Amgevita new formulations	ERWG January 2025
Nutrition & Blood	Adult	ERF	Nutrition	Malnourishment, treatment with ONS, treatment with enteral nutrition	Update to NHS Lothian Oral Nutritional Supplements and new list of NHS Lothian Enteral Tube Feed Products.	ERWG January 2025
Nutrition & Blood	Adult	ERF	Blood	Megaloblastic anaemia	Remove link to Covid-19 pandemic guidance and update links to NHS Fife guidance	ERWG January 2025
Nutrition & Blood	Adult	ERF	Blood	Kidney disease	Addition of Empagliflozin (Jardiance) SMC2642	ERFC December 2024
Obstetrics, gynaecology, and urinary-tract disorders	Adult	ERF	Obstetrics	Postpartum haemorrhage	Addition of Carbetocin for postpartum haemorrhage after caesarean section	ERFC December 2024
Obstetrics, gynaecology, and urinary-tract disorders	Adult	ERF	Gynaecology	Menorrhagia	Levosert, Benilexa, and Mirena brands added, removal of detailed guidance on duration and licence status of levonorgestrel (Levosert, Mirena, Benilexa intrauterine contraception)	ERWG January 2025
Obstetrics, gynaecology, and urinary-tract disorders	Adult	ERF	Gynaecology	Infertility	Addition of Follitropin delta: Rekovelle SMC2670	ERFC December 2024
Skin	Adult	ERF	Specialist dermatology management	Autoimmune bullous dermatoses / Treatment of autoimmune bullous dermatoses	Amgevita new formulations	ERFC December 2024

Chapter	Adult or Child	ERF or LJF (until future ERF chapter review)	Group	Condition	New content	Month of ERWG/ ERFC
Skin	Adult and Child	ERF	Specialist dermatology management and Skin conditions	Hidradenitis suppurativa and Psoriasis	Amgevita new formulations	ERWG January 2025
Skin	Adult and Child	ERF	Skin conditions	Psoriasis (scalp) and seborrhoeic dermatitis	Coal tar extract 2% shampoo being discontinued Feb 25, removed from formulary and addition of coal tar 2.5% scalp lotion, which is a shampoo for use in adults and children and coal tar 4% shampoo as an alternative which may be used in adults and adolescents.	ERWG January 2025
Various	Adult and Child	ERF	Various	Breast cancer, Gender dysphoria or incongruence 18 and over, Prostate cancer, Endometriosis, and Precocious puberty	Circular PCA(M) (2024)02 - Medicines subject to Prescribing directions Gonadorelin analogues (addition of 'SLS' requirement)	ERWG January 2025

To review Formulary Decisions noted at the East Region Formulary Committee refer to the [Minutes of East Region Formulary Committee](#) or alternatively search [Formulary Decisions](#) with the relevant start date. See example below:

Lothian Joint Formulary

[Therapeutic Areas](#) [Medicines A-Z](#) [Conditions A-Z](#) [Medicine Categories](#) [Formulary Decisions](#)

[Home](#) > [Formulary Decisions](#)

Formulary Decisions

Search for the outcome of decisions made by the Formulary Committee

Generic medicine name <input type="text"/>	Medicine brand name <input type="text"/>	Therapeutic area <input type="text" value="Please select..."/>
Start date <input type="text" value="Wednesday December 16, 2020"/>	End date <input type="text"/>	Source <input type="text" value="Please select..."/>

Calendar for December 2020:

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

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